



3D-HIFU

Best for

Pockets of stubborn Fat, Body Sculpting, Targeted Fat Removal

Tech explained

3D-HIFU is the latest technology used to target specific focused areas of fat in the fastest possible treatment time. This technology works by delivering focused energy at a depth of 1.3cm and 8mm to destroy fat cells. The high frequency of the ultrasound wave results in heating under the skin, effectively destroying the fat cells and tightening the skin in the area treated. The damaged cells are flushed away via a natural removal process through the lymphatic system that continues for up to 3 months.

How this tech works

The HIFU handpiece delivers focussed ultrasound waves to a precise depth to cause Necrosis of the fat cell. The controlled movement of the handpiece results in a grid of treated fat cells. The high frequency of the ultrasound wave, results in rapid heating of the focal zone at 1.3cm and 8mm under the skin leaving the skins surface unaffected. However this energy increases in temperature as it gets deeper within the skin due to the energy of the HIFU causing cellular friction. Exposing the fat cell to this high temperature causes rapid cell death (necrosis).

What areas can be improved with 3D-HIFU body?

This treatment is great for busting those unwanted stubborn pockets of fat. Recommended areas for treatment are typically: abdomen, flanks, hips, thighs and buttocks

How many treatments are recommended?

A single treatment per area is recommended.



What results can I expect from this treatment?

Results can be seen from 2 - 4 months post treatment. The average reduction of the treatment area after just one single session is typically 2 - 4cm.

Can I combine 3D-HIFU body with other treatments?

3D-HIFU body is best for targeting stubborn pockets of fat, however if you wish to have more of an overall fat reduction treatment your therapist may recommend combining your 3D-HIFU body treatment as part of a treatment course incorporating other technologies for a more complete fat reduction treatment. The beauty of 3D-lipo is that each technology can be combined to enable you to target your needs and devise a specific and bespoke treatment plan for you ensuring maximum results.

What will I experience during treatment?

A handpiece will be placed on the skin, this is the handpiece used to target focussed energy to the fat cells. The handpiece is placed on the area of treatment and held there for approximately 2 minutes, this will be repeated 3 times per treatment area. During treatment, you may feel the warmth of the handpiece, and in some cases it may get slightly hot and uncomfortable. You may also feel a slight vibration and tingling sensation, although this is completely normal.



3D-Cryo Chin Freeze

3D-cryo freeze is now available for the chin area! This applicator handpiece has been designed to target the dreaded 'double chin'.



Tech explained

Using the same technology as 3D-cryo freeze, this treatment targets specifically the fat cells. By lowering the temperature to -6 degrees it pinpoints the content of the fat cells, causing 20%- 40% of the fat cells in that area to die. No other structures are affected by this process. The remaining content of the fat cells is then disposed of naturally through the body's lymphatic system.



With this nifty new handpiece we are now able to offer 3D-RF for the eye area! This treatment is fantastic for targeting those hard to reach areas such as crow's feet and brow area giving your skin a tighter, smoother, more youthful appearance. This handpiece can also be used to treat the upper lip area, and those tricky areas around the nose. A typical treatment is 30 - 40 minutes and a course of 6 - 8 treatments is typically recommend to achieve maximum results.

3D-Eye RF Skin Tightening

Tech explained

The 3D-Eye RF uses the same technology as 3D-RF however this small agile handpiece allows us to target those areas that are typically hard to reach such as 'crow's feet' 'smokers lines' brow area, and around the nose to ensure that all areas can be treated effectively.

3D-HIFU Face Non surgical face lift

Best for

Facial lifting and tightening

Tech explained

Non-surgical skin lifting has become one of the most sought after treatments and HIFU is the latest non-surgical technology to excel in this area in just one single session! It targets individually brow lifting, jowl line lifting, nasolabial fold reduction, periorbital wrinkle reduction and overall skin tightening and rejuvenation.

How this tech works

The highly focused acoustic energy creates thermal coagulation zones at 3 different selected depths, following which a wound healing response results in the formation of new collagen thus providing a longer term tightening of the skin. There is no down time associated with this non-invasive procedure.

What areas can be improved with 3D-HIFU Face?

This treatment is fantastic for overall skin tightening and rejuvenation as well as brow lifting, jowl line lifting, nasolabial fold reduction, and periorbital wrinkle reduction.

How many treatments are recommended?

One single treatment is recommended and then a maintenance treatment is advised every 18 months.



What results can I expect from this treatment?

Generally a noticeable improvement in your facial contouring and fine lines and wrinkles will be visible within a 4 week period whilst further improvement in facial skin tightening and wrinkles will be reportedly seen up to 6 weeks post treatment.

Can I combine 3D-HIFU Face with Other Treatments?

3D-HIFU Face is a standalone treatment.

What will I experience during treatment?

During treatment, the 3D-HIFU face handpiece is placed on the skin and held in one area at a time. You will experience a slight vibration and warmth whilst the energy is being penetrated. The handpiece will then be placed on the next area of treatment. This treatment may feel slightly uncomfortable around the jaw line but generally this treatment is pain free.

TREATMENT SUMMARY

	 PROCEDURE TIME	 BACK TO WORK	 FULL RECOVERY	 ANAESTHETIC	 SENSITIVITY PERIOD	 VISIBLE RESULTS	 DURATION OF RESULTS	 RISKS & COMPLICATIONS	 RECOMMENDED NUMBER OF TREATMENTS
3D-CAVITATION	Up to 40 minutes per application	Immediate	Immediate	None	Up to 10 days	From 1st treatment	Long term results	Possible bruising, slight redness on the skin	6 - 8
3D-CRYO FREEZE	Up to 60 minutes per application	Immediate	Immediate	None	Up to 10 days	After 8-12 weeks	Long term results	Possible bruising, redness, slight numbness for up to 10 days	1 per area
3D-CRYO CHIN FREEZE	30 minutes per application	Immediate	Immediate	None	Up to 10 days	After 8-12 weeks	Long term results	Possible bruising, redness, slight numbness for up to 10 days	1 per area
3D-CRYOFUSE	5 minutes per application	Immediate	Immediate	None	Up to 24 hours	After 2-3 weeks	Long term results	Possible mild redness post treatment	6 - 8
3D-HIFU	Approx 60 minutes per application	Immediate	Immediate	None	Up to 10 days	After 2 - 4 months	Long term results	Possible bruising, slight swelling for up to 10 days	1 per area
3D-BODY RF	15 - 60 minutes depending on area	Immediate	Immediate	None	Up to 24 hours	From 1st treatment	Long term results	Possible mild redness post treatment	6 - 8
3D-FACIAL RF	40-45 minutes per application	Immediate	Immediate	None	Up to 24 hours	From 1st treatment	Long term results	Possible mild redness post treatment	6 - 8
3D-HIFU FACE	30 - 90 minutes per application	Immediate	Immediate	None	Up to 48 hours	After 2 - 3 months	12-18 months	Possible mild redness, swelling and tenderness post treatment	1 every 12-18 months
3D-EYE RF	20 - 30 minutes per application	Immediate	Immediate	None	Up to 24 hours	From 1st treatment	Long term results	Possible mild redness post treatment	6 - 8
3D-SHOCKWAVE	10 - 30 minutes per application	Immediate	Immediate	None	Up to 10 days	After 2 - 3 weeks	Long term results	Possible bruising, and tenderness post treatment	6 - 8
3D-DERMOLOGY	Up to 30 minutes per area	Immediate	Immediate	None	Up to 7 days	After 2 - 3 weeks	Long term results	Possible mild redness, bruising, and tenderness post treatment	6 - 8