

The Information provided is for reference only; please consult with your LASER practitioner if you require medical advice regarding treatment.

PROCEDURE INFORMATION LASER HAIR REMOVAL

WHAT IS LASER HAIR REMOVAL?

The ALMA LASER Soprano ICE Hair removal promises an almost pain free approach to laser hair removal and more importantly, unlike many other laser treatments, it's suited to pretty much every skin type and skin tone.



SOPRANO ICE
Cooler > Lighter > Smoother

HOW DOES IT WORK?

Passing safely through the skin's dermal layers, the laser light is attracted to the pigment at the hair root where heat from the laser is absorbed to destroy hair follicles at their base.

Due to the fact that hair growth takes place in cycles, a course of sessions is required to treat any one area, as it's impossible to capture and destroy every follicle in just a single treatment.

WHATS THE DIFFERENCE BETWEEN IPL & LASER?

It is often mistaken that IPL and lasers are the same. The main differences between Laser and IPL hair removal lie in the technology.

Laser technology is simply much more effective, and achieves substantially better results than IPL. IPL is a cheaper, less effective technology for reducing body hair.

Lasers are far more precise, and can selectively target dark, coarse hairs while leaving the surrounding skin undamaged. Laser hair removal can be used to treat larger body areas. Laser settings are adjusted to suit your skin tone whereas IPL can cause burns on darker skin tones.

WHAT HAPPENS DURING TREATMENT?

During the consultation, the treatment is fully explained and your laser therapist will advise the best course of action for you.

We will clean the area to be treated and apply a clear gel to assist the laser head to glide across the skin.

The laser applies precisely controlled pulses/ energy reaching into the hair follicles that lie beneath the skin. The laser head has a cooling tip that is used to minimize skin damage.

After the area has been treated, Aloe Vera gel will be applied. This has a cooling effect and has slight numbing properties.

HOW LONG DOES TREATMENT TAKE?

Treatments are between 15-90 minutes long depending on what size area you are having treated.

DOES IT HURT?

Some clients report minor or no discomfort during treatment.

HOW LONG DOES THE TREATMENT LAST?

An ideal candidate usually requires 6-8 treatments for body areas, to achieve between approximately 70-90% permanent hair reduction. Facial areas are slower to respond, so can easily take 10-15 sessions. Coarser, darker hairs can respond faster.

It's worth noting that dormant hair follicles can become active years later, so you may find you need to book in for top up maintenance sessions even after you've completed your full treatment program.

ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

Avoid the sun at least 2 weeks before and after treatment.

You MUST avoid bleaching, plucking or waxing hair for 6 weeks prior to treatment.

Please shave the area the day before your treatments. Clients must arrive with the area to be treated shaved or a charge of £25 will be incurred. It is time consuming for the laser therapist to clip/shave a client.

Do not use Depilatory creams 1-week prior to treatment.

If you have had a history of cold sores, zovirax may be used prior to treatment and continued one week after treatment.

The use of tanning cream must be discontinued two week before treatment.



WHAT ARE THE POSSIBLE SIDE EFFECTS?

Discomfort/burning/bruising/swelling/pigmentation/scarring/infection/blistering.

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AFTERCARE INSTRUCTIONS

Immediately after treatment, there may be redness and swelling at the treatment area, this may feel like mild sunburn.

The application of iced water during the first few hours after treatment will reduce any discomfort.

Makeup may be used immediately after the treatment unless there is epidermal blistering.

Avoid sun exposure to reduce the chance of hyperpigmentation or darker pigmentation. We strongly recommend **VAGHEGGI sunscreen SPF30** at all times throughout the course of treatment. We also advise to keep the area clean using the **VAGHEGGI TENTAZIONI** antibacterial cleansing milk before and after every treatment.

Avoid picking or scratching the treated skin. Do not use any other hair removal treatment methods (waxing, electrolysis or tweezing) that will disturb the hair follicle at the treatment area for 4-6 weeks after treatment. Shaving or depilatories may be used.

Hair regrowth occurs at different rates on different areas of the body. New hair growth will not occur for AT LEAST two weeks after treatment.

Anywhere from 5-19 days after the treatment, shedding of the surface hair may occur and this appears as new hair growth.

You may see patches or stripes hair growing. This is normal and does not mean your laser technician missed areas at your last treatment. You have an average of five million hair follicles and none of them grow in the same way. You can clean and remove the hair by washing or wiping the area with a wet cloth or Loofa sponge.

After the underarms are treated, use a powder, instead of deodorant, for 24 hours after the treatment to reduce skin irritation.

Avoid hot baths and heat treatments and treat the skin gently, as if you had sunburn, for the first 24 hours.

In the unlikely/ rare event that a blister/burn should occur, you can apply vitamin E liberally to aid healing. Do not burst the blister as this may leave a mark on

the skin. Apply 3 times daily.

We recommend the following VAGHEGGI products to compliment your skin and treatment:

www.vagheggibeauty.com

VAGHEGGI
COSMECEUTICALS

VAGHEGGI exclusive Italian skin care products contain pharmaceutical grade ingredients, i.e. Phytocosmeceuticals to help deliver the best results using natural ingredients since 1975.

They are more concentrated, active & penetrate deeper than regular cosmetic products.

VAGHEGGI TENTAZIONI RINNOVARE

An antibacterial cleansing milk 200ml – to soothe & cleanse skin post treatment. (RRP £45.00)

VAGHEGGI SPF30

Water resistant sun cream to protect post treatment sensitive skin from UVA & UVB rays. (RRP £29.00)



The VAGHEGGI exclusive LASER skin care PACKAGE can be purchased for £49.00 (RRP £74.00).