

ALMA SOPRANO LASER HAIR REMOVAL

WHAT IS LASER HAIR REMOVAL?

The ALMA LASER Soprano ICE Hair removal promises an almost pain free approach to laser hair removal and more importantly, unlike many other laser treatments, it's suited to pretty much every skin type and skin tone.



HOW DOES IT WORK?

Passing safely through the skin's dermal layers, the laser light is attracted to the pigment at the hair root where heat from the laser is absorbed to destroy hair follicles at their base.

Due to the fact that hair growth takes place in cycles, a course of sessions is required to treat any one area, as it's impossible to capture and destroy every follicle in just a single treatment.

WHATS THE DIFFERENCE BETWEEN IPL & LASER?

It is often mistaken that IPL and lasers are the same. The main differences between Laser and IPL hair removal lie in the technology.

Laser technology is simply much more effective, and achieves substantially better results than IPL. IPL is a cheaper, less effective technology for reducing body hair.

Lasers are far more precise, and can selectively target dark, coarse hairs while leaving the surrounding skin undamaged.

Laser hair removal can be used to treat larger body areas.

Laser settings are adjusted to suit your skin tone whereas IPL can cause burns on darker skin tones.

WHAT HAPPENS DURING TREATMENT?

During the consultation, the treatment is fully explained and your laser therapist will advise the best course of action for you.

Depending on your hair removal treatment area, we will at your first consultation endeavour to test patch 2 small discreet areas of your body (under Jawline, inside forearm or leg).

These test patches will enable you to have further hair removal treatments in any other area without the need for additional test patching. The size of each test patch is roughly 4cm sq. This excludes the bikini line/peri-anal areas as these areas will require a separate test patch.

We will clean the area to be treated and apply a clear gel to assist the laser head to glide across the skin.

The laser applies precisely controlled pulses/ energy reaching into the hair follicles that lie beneath the skin. The laser head has a cooling tip that is used to minimize skin damage.

Environmental factors may affect the intensity and technique of each treatment. This can be in the form of and not limited to exposure/hormonal changes/sensitivity.

After the area has been treated, a post soothing cream will be applied. This has a cooling effect and has slight numbing properties.

HOW LONG DOES TREATMENT TAKE?

Treatments are between 15-90 minutes long depending on what size area you are having treated.

DOES IT HURT?

Some clients report minor or no discomfort during treatment.

HOW LONG DOES THE TREATMENT LAST?

An ideal candidate usually requires 6-8 treatments 4-10 weeks apart to achieve between approximately 70-90% permanent hair reduction. Facial areas are slower to respond, so can easily take 10-15 sessions. Coarser, darker hairs can respond faster.

It's worth noting that dormant hair follicles can become active years later, so you may find you need to book in for top up maintenance sessions even after you've completed your full treatment program.

WHAT ARE THE POSSIBLE SIDE EFFECTS?

Discomfort, burning, bruising, swelling, pigmentation, scarring, infection, blistering.

SOPRANO ICE PRE-TREATMENT INSTRUCTIONS.

You must arrive with the area to be treated shaved or may be refused treatment. We advise shaving 12 hours in advance.

Advise staff when taking antibiotics. Certain antibiotics) can make your skin photosensitive, therefore, treatment may not be able to done until two weeks after completion of antibiotics.

Do not use hair removal cream or fake tan prior to treatment.

Do not wax, epilate, bleach, or thread the treatment area 6 weeks prior to treatment. Once laser treatment has started you must stop waxing/tweezing/threading the treatment area(s).

Arrive 5 minutes early for your appointment - late arrival may result in a cancelled/reduced session

Use the VGMEDISPA recommended skincare SPF and aftercare products

Avoid the sun for 4 weeks before and after treatment

Please advise us of any medications you are taking at every appointment

Please inform us of any moles I skin lesions I tattoo's prior to treatment

Do not use Depilatory creams 1- week prior to treatment.

If you have had a history of cold sores, zovirax may be used prior to treatment and continued one week after treatment.

The use of tanning cream must be discontinued two weeks before treatment

SOPRANO ICE AFTERCARE INSTRUCTIONS

Immediately after treatment, there may be redness and swelling at the treatment area, this may feel like mild sunburn.

The application of iced water/ice packs during the first few hours after treatment will reduce any discomfort.

Makeup may be used immediately after the treatment unless there is epidermal blistering.

Avoid sun exposure to reduce the chance of hyperpigmentation or darker pigmentation. We strongly recommend VAGHEGGI sunscreen SPF30 at all times throughout the course of treatment.

Use the VAGHEGGI PELLE DI SETA antibacterial soothing cream before and after every treatment.

Avoid picking or scratching the treated skin. Do not use any other hair removal treatment methods (waxing, electrolysis or tweezing) that will disturb the hair follicle at the treatment area after treatment has commenced. Shaving or depilatories may be used.

Hair regrowth occurs at different rates on different areas of the body. New hair growth will not occur for AT LEAST two weeks after treatment.

Anywhere from 5-19 days after the treatment, shedding of the surface hair may occur and this appears as new hair growth.

You may see patches or stripes hair growing. This is normal and does not mean your laser technician missed areas at your last treatment. You have an average of five million hair follicles and none of them grow in the same way.

After the underarms are treated, use a powder, instead of deodorant, for 24 hours after the treatment to reduce skin irritation.

Avoid hot baths and heat treatments and treat the skin gently, as if you had sunburn, for the first 24 hours.

In the unlikely/ rare event that a blister/burn should occur, you can apply vitamin E liberally to aid healing. Do not burst the blister as this may leave a mark on the skin. Apply 3 times daily.

Darkening of freckles/skin lesions is generally only temporary. It is important to note that these can become permanent changes.

Do be patient as laser hair treatment can vary and can take a number of sessions before you see results.