

The Information provided is for reference only; please consult with your LASER **practitioner** if you require medical **advice** regarding treatment.

PROCEDURE INFORMATION ALMA SKIN TIGHTENING

WHAT IS SKIN TIGHTENING?

The Alma platform is a workstation that painlessly tightens the skin on your face & body.

HOW DOES THE TREATMENT WORK?

The Alma Skin tightening technology is a revolutionary approach to face & body skin tightening and the treatment of facial wrinkles. It is proven in clinical studies to improve skin texture and laxity.

Alma skin tightening lasers works by creating a controlled volume of heated tissue in the dermis. As the collagen is heated, it denatures, and the fibrils contract and thicken. In the months following treatment, the body's natural wound-healing processes result in the generation of new collagen and dermal remodeling. As new, "younger" structured collagen is laid down, the skin looks tighter, firmer and more youthful.

WHAT HAPPENS DURING TREATMENT?

During the consultation, your laser therapist will carefully examine your skin to determine which technique, or combination of treatments, will provide you with the best results. Your skin type, the severity of any loose skin will be evaluated and a recommended number of treatments will be advised.

6 treatments are normally recommended with intervals between treatments usually 4 weekly.



The treatment area is cleaned. A baseline temperature will be taken.

Cooling gel/mineral oil will be applied throughout the treatment. The tip will be in contact with the skin at all times until the desired energy output is delivered. You will feel an increase in heat in the treated area. Your practitioner will be communicating with you at all times to ensure the treatment is as comfortable as possible.

BEFORE



BEFORE

AFTER



AFTER

HOW LONG DOES TREATMENT TAKE?

Treatment time depends on many factors and size of treatment area, but can take less than 30 minutes. If your condition is advanced, your treatment may take longer.

WHAT WILL MY SKIN LOOK LIKE AFTER TREATMENT?

The procedure is completely non-invasive and has zero downtime. You can have the treatment during your lunch break and go back to your normal routine with a new and improved look.

Collagen production takes 6-8 weeks to be produced, so results are gradual.

DOES IT HURT?

In most cases, you may feel a slight warming and pressure.

ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

Avoid strenuous exercise directly before treatment as this may increase your baseline temperature. Drink 1-2 litres of water prior to treatment.

Avoid excessive food intake 3 hours before treatment.

WHAT ARE THE POSSIBLE SIDE EFFECTS?

Discomfort/burning/bruising/swelling/pigmentation/scarring/blistering.

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AFTERCARE INSTRUCTIONS

Only wash with cold or tepid water for the first day after the skin tightening treatment while your skin is in the recovery stage.

Be gentle on your skin and avoid the use of strongly scented lotions or soaps, exfoliating creams and aggressive scrubbing to the treated area as this may cause you slight discomfort.

Any redness will gradually subside over the next 24-48 hours. In some cases it lasts up to 72 hours.

Do not apply makeup the same day unless it is a mineral make-up.

Apply **VAGHEGGI LIME VITAMIN C** face/body cream twice daily.

Always remember to apply your **VAGHEGGI SPF30** sunscreen everyday to protect your skin from UVA & UVB rays.

We recommend the following VAGHEGGI products to compliment your skin and treatment:

www.vagheggi.com

VAGHEGGI
COSMECEUTICALS

VAGHEGGI exclusive Italian skin care products contain pharmaceutical grade ingredients, i.e. Phytocosmeceuticals to help deliver the best results using natural ingredients since 1975.

They are more concentrated, active & penetrate deeper than regular cosmetic products.

VAGHEGGI LIME VITAMIN C FACE CREAM 50ml

Specially blended to boost collagen and elasticity of your skin (RRP £87.00)



VAGHEGGI LIME VITAMIN C BODY CREAM 200ML

Vitamin C Lime regenerates the skin and protects it from the stresses that cause the early signs of ageing. (RRP £120.00)

SPF 30 FACE SUNSCREEN 50ml (RRP £29.00)

SPF 30 BODY SUNSCREEN 200ml (RRP £29.00)

A post cosmetic anti-ageing sun cream to protect sensitive skin from UVA & UVB rays.

The FACE skin care PACKAGE can be purchased for £69 (RRP£116.00).

The BODY skin care PACKAGE can be purchased for £79 (RRP £149.00)