

The Information provided is for reference only; please consult with your nurse **practitioner** if you require medical **advice** regarding treatment.

AQUALYX[®]

treatment of localised adiposity

WHAT IS AQUALYX™?

Is an injectable treatment to reduce localised, stubborn fat deposits in the following areas:

- Jowls
- Double chin
- Bingo wings
- Bra bulge
- Saddle bags
- Abdomen/waist
- Love handles
- Knees

HOW DOES THE TREATMENT WORK?

Aqualyx™ is a water based solution that is injected into stubborn fat areas around the body. The formula liquefies the fat cell which is then eliminated naturally when you urinate over a three-week period.

WHAT HAPPENS DURING TREATMENT?

The solution is injected into the fat through a thin flexible cannula. Lidocaine (a local anaesthetic) can be added to the solution before injecting to improve comfort.

WHEN WILL I START SEEING RESULTS?

A reduction in fat deposits can be seen after just one treatment, however anything between three and eight sessions (3-4 WEEKS APART) may be required to see the optimal effect.



A treatment with Aqualyx™ does not result in weight loss. Healthy nutrition and an exercise regimen are an absolute necessity to ensure success of the treatment.

We also recommend the application of ultrasound (skin tightening) right after the treatment to further re-shape and tighten the area.

HOW LONG DOES TREATMENT TAKE?

Treatment time depends on many factors and size of treatment area, but can take between 30 -60 minutes. If your condition is advanced, your treatment may take longer.

Aqualyx™ vs Liposuction

There is **minimal downtime** and **no general anaesthetic risks**. The specialised needles allow small areas to be tackled effectively. As there are no incisions, stitches are not required and scarring is unlikely. Destroying the fat cells leads to a long lasting solution provided patients remain a stable weight and continue exercise as usual.



ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

A full consultation with our medical practitioner is required to ensure you are an ideal candidate for treatment.

WHAT ARE THE POSSIBLE SIDE EFFECTS?

Itching, slight burning, slight oedema and reddening appearance for 1-3 days within the treated area.

AFTERCARE INSTRUCTIONS

Only wash with cold or tepid water for the first day

Be gentle on your skin and avoid the use of strongly scented lotions or soaps, exfoliating creams and aggressive scrubbing to the treated area as this may cause you slight discomfort.

Do not apply makeup the same day unless it is a mineral make-up.

Apply the recommended VAGHEGGI SLIMMING ACTION Acqua riducente body cream twice daily.