

The Information provided is for reference only; please consult with your BOTOX practitioner if you require medical advice regarding treatment.

## PROCEDURE INFORMATION ALLERGAN BOTOX® FOR UNDERARM

### WHAT IS BOTOX®?

Is severe underarm sweating interfering with certain daily activities? Are you afraid to raise your arms in normal situations because of underarm sweat stains?

Do you hesitate to buy new clothes because they might be ruined by underarm sweat? Do you worry someone will notice your sweat stains?

When severe underarm sweating gets in the way of certain daily activities and antiperspirants haven't worked, you may be a candidate for BOTOX® treatment.

BOTOX® injections temporarily block the chemical signals from the nerves that stimulate the sweat glands. When the sweat glands don't receive chemical signals, the production of excessive sweat stops in the treated areas only. Sweat continues to be produced elsewhere. Your sweat doesn't go anywhere or get backed up, because the sweat simply isn't produced in the areas treated with BOTOX®.

Remember, the rest of your body is free to release moisture normally. And if you were to stop BOTOX® treatment, the sweating function would return to normal.

BOTOX® is the brand name of the purified toxin produced by the bacterium *Clostridium Botulinum*. It has been used cosmetically for more than 10 years and been used to treat certain medical conditions for over 20 years.

BOTOX® is a prescription medicine that is injected into muscles by a medical practitioner and used to treat the following areas;

### HOW DOES IT WORK?

BOTOX® works to relax the contraction of muscles by blocking nerve impulses. The result is muscles that can no longer contract, and so the wrinkles relax and soften

### WHAT HAPPENS DURING TREATMENT?

Initial consultation with our cosmetic nurse/doctor is required to assess your suitability for BOTOX®. Once the appropriate dosage has been calculated for you a series of small injections are then administered into the muscle.

### HOW LONG DOES TREATMENT TAKE?

The entire procedure takes approximately 15 minutes. Most clients are in and out of the clinic without any downtime following BOTOX® cosmetic treatment.

### DOES IT HURT?

There is some minor discomfort due the needle used to administer the treatment. Following treatment discomfort is usually minimal and brief.

### HOW LONG DOES THE TREATMENT LAST?

BOTOX® takes 3 to 5 days to begin to work. The treatment can take up to 2 weeks to reach the completed results.

Anti-wrinkle injections are a temporary procedure and at first, you may find that your treatment results will last approximately 3 or 4 months.

If you maintain your treatment appointments with the frequency recommended (every 6 months), the duration of each treatment result may last longer than 6 months.

### ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

For one week before treatment, please avoid the following medications and supplements: Aspirin, Advil, Motrin, Ibuprofen, Aleve, Naproxen, Excedrin (all OTC pain pills except Tylenol), vitamin E, Vitamin A (Tretinoin, Retin-A, Renova, Differin, Tazorac, Triluma), Ginkgo Biloba, Omega-3 fatty acids, cod liver oil, CoQ10, garlic and ginger.

Do not drink alcohol 24-48 hours before treatment.

Avoid sun exposure to the area to be treated one week before treatment.

Do not take ANY muscle relaxing medications at least 3-5 days before treatment.



### WHAT ARE THE POSSIBLE SIDE EFFECTS?

Redness at the treatment site lasting 2-3 hours /bruising/swelling of treatment area/dull heavy sensation /occasional headache/  
Ptosis (droop) of eyebrow or eyelid (rare)/double vision (very rare)

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### AFTERCARE INSTRUCTIONS

Do not have a facial, nor rub or massage the treated areas for 24 hours after your treatment.

Do not lie down or do strenuous exercise for 3 hours after treatment.

Avoid any exposure to a sauna/steam room/hot tub or tanning for 4 hours.

Please be aware that some clients experience a mild headache after their treatment, if this happens take Paracetamol as needed.

Do not take Aspirin, Ibuprofen, Nurofen or other anti-inflammatories as this may increase bruising.

Any tiny bumps or marks will go away within a few hours after your treatment.

There is a small risk of bruising. If this does occur, it will only be temporary and can easily be covered with makeup.

We recommend the following VAGHEGGI products to compliment your skin and treatment:

[www.vagheggi.com](http://www.vagheggi.com)

VAGHEGGI  
COSMECEUTICALS

VAGHEGGI exclusive Italian skin care products contain pharmaceutical grade ingredients, i.e. Phytocosmeceuticals to help deliver the best results using natural ingredients since 1975.

They are more concentrated, active & penetrate deeper than regular cosmetic products.

### VAGHEGGI REHYDRA MOISTURISER

protective & comforting day cream 50ml (RRP £49)  
moisturising & nourishing night cream 50ml (RRP £49)

Specially formulated moisturisers with Hyaluronic acid for post treatment skin that needs extra care.



### VAGHEGGI SPF30 FACE SUNSCREEN

An anti-ageing sun cream to protect from UVA & UVB rays 50ml. (RRP £29.00)



The VAGHEGGI exclusive POST BOTOX 24HR skin care PACKAGE can be purchased for £89 (RRP127)