

The Information provided is for reference only; please consult with your **practitioner** if you require medical **advice** regarding treatment.

## PROCEDURE INFORMATION DERMAL ROLLER

### WHAT IS A DERMAL ROLLER & HOW DO THEY WORK?

The Derma Roller (also called skin rollers, microneedle rollers, and dermarollers) is a small hand-held rolling device that has micro surgical steel needles that reach the inner surface of your skin to promote skin repair from the inside out. It stimulates elastin and collagen production in the skin without causing any damage. Using a Derma Roller is also referred to as skin needling.

The Derma Roller is used to treat the face and neck, the décolletage and the backs of hands.

Derma Rollers are supported by clinical studies to be effective in non-surgical and non-ablative treatment for a variety of skin conditions:

- Wrinkles
- Fine lines
- Stretch marks
- Scarring (acne and surgical)
- Skin lifting
- Cellulite and hyperpigmentation

### WHAT HAPPENS DURING TREATMENT?

Initial consultation with our laser & beauty practitioner is required to assess your skin and suitability for Dermal Roller treatment. We usually recommend a minimum course of 3 treatments in 6 weekly intervals to achieve the maximum benefit of treatment.

A topical anesthetic to numb the skin will be applied to the area for 30 minutes making the procedure comfortable; it will normally take up to 30 minutes for the anesthetic to work and 20 - 30 minutes for the treatment.

Many clients will find topical ice packs sufficient before treatments especially for non-facial areas.

The Dermal Roller is then repeatedly rolled over the skin to produce thousands of micro-medical needle-columns in the skin. The column will close rapidly enabling the skin to recover quickly - often in the same day. The treated skin will show micro bleeding and this is the required end point of the treatment.

Aloe Vera gel will be applied after the procedure to help soothe and calm the skin.

### HOW LONG BEFORE I SEE THE RESULTS?

After a Derma Roller procedure your body will start to naturally regenerate and repair the skin, working below the surface in the dermis.

This takes time as new collagen is formed, new skin cells are generated and blood supply is enhanced. It can take up to 6 weeks before visible signs of regeneration and repair are seen and the process will continue over the following months, providing you with a natural and long lasting enhancement.



### ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

**We strongly recommend you prepare your skin for your treatment 2 weeks prior to treatment using the VAGHEGGI VITAMIN C home care products.**

Please inform us if you have any history of scarring, or cold sores that keep coming back.

Before you undertake dermal roller treatment, we may ask you to stop taking certain drugs that may delay the healing process.



### WHAT ARE THE POSSIBLE SIDE EFFECTS?

Some skin types are more likely to develop a temporary or permanent color change/there is a low risk of scarring in certain areas of the face.

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## AFTERCARE INSTRUCTIONS

Immediately after your Derma roller treatment you will look as though you have moderate sunburn and your skin may feel warm and tighter than usual. This will start to subside after 1 to 2 hours and will normally recover within the same day with only slight redness the following day.

The rolled area may start peeling after a few days, do not pick any of this skin.

Treatments may be repeated at six-weekly intervals until you get the look you're after. It can take 3 months before you start seeing the results.

To optimize and maintain treatment results it is essential to use your **VAGHEGGI** skin care package daily before & after your treatment. The kit helps hydrate, sooth and stimulate the skin. Going back onto your usual home care products could irritate your skin.

You'll need to avoid the sun immediately after treatment and for several weeks after a Dermal Roller treatment since your new skin will be fragile.

We recommend the use of **VAGHEGGI** sunscreen **SPF 30** at all times throughout the course of treatment and to reduce the chances of pigmentation.

Do not let your skin dry out. Dryness causes pulling on the new skin underneath, which may cause red, irritated areas. When applying your skin care ensure you apply gently!

Make-up cosmetics may be used 48-72 hours after treatment and we only recommend the use of mineral make-up only.

We recommend the following **VAGHEGGI** products to compliment your skin and treatment:

[www.vagheggibeauty.com](http://www.vagheggibeauty.com)

**VAGHEGGI**  
COSMECEUTICALS

**VAGHEGGI** exclusive Italian skin care products contain pharmaceutical grade ingredients, i.e. Phytocosmeceuticals to help deliver the best results using natural ingredients since 1975.

They are more concentrated, active & penetrate deeper than regular cosmetic products.

## VAGHEGGI REHYDRA MOISTURISER

protective & comforting day cream 50ml (RRP £49)  
moisturising & nourishing night cream 50ml (RRP £49)

Specially formulated moisturisers with Hyaluronic acid for post treatment skin that needs extra care.



### SPF 30 FACE/BODY SUNSCREEN 50ml (RRP £29.00)

A post cosmetic anti-ageing sun cream to protect sensitive skin from UVA & UVB rays.

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The DERMAL ROLLER **FACE/BODY\*** skin care PACKAGE can be purchased for £89 (RRP£127.00).

(for body packages - 200ml REHYDRA body moisturiser & 200ml sun cream)