

The Information provided is for reference only; please consult with your **practitioner** if you require medical **advice** regarding treatment.

PROCEDURE INFORMATION DIATHERMY (FACE & BODY THREAD VEINS)

WHAT IS DIATHERMY?

Diathermy is a treatment used to eliminate small to medium size thread, or "spider" veins. "Spider" veins are superficial tiny vessels that are red, blue or purple in colour. The majority of these veins present more as a cosmetic problem.

"Spider" veins do not have any useful function and eliminating them will not affect your circulation.



HOW DOES DIATHERMY WORK?

Diathermy involves the delivery of an electrical frequency via a tiny needle to cauterize small blood vessels to stop bleeding. Imagine the capillary as a tiny tunnel under the skin surface (within 1-2mm of the surface).

The very fine needle is inserted into these tunnels, which causes the capillary to heat, which coagulates the blood, blocking the capillary. The capillary then dies and the waste is reabsorbed back into the body.

When healing is complete the vein is no longer visible. The process is very similar to how your body heals a bad bruise.

WHAT HAPPENS DURING TREATMENT?

Initial consultation with our cosmetic nurse/doctor is required to assess your suitability for Diathermy based on your medical history and assessment of the veins.

The treatment area is cleansed and the electrical frequency is delivered directly into the blood vessel, using very fine needles. The number of veins treated in one session is variable, depending on the size and location of the veins, and the patient's overall medical condition.

The treatment may cause some redness and welts, like insect bites.

The appearance will usually improve by day 10 - 14. At 4 - 6 weeks the thread veins should look pretty much as they did before treatment and thereafter start improving. The full effect of the injection session is apparent at 12 weeks.

Please remember that everyone is different. Do not worry if the above does not apply to you. This is just a general pattern not a set of definite rules that define success or failure.

HOW LONG DOES TREATMENT TAKE?

The entire procedure takes approximately 30-60 minutes depending on the number of thread veins being treated.

HOW LONG DOES THE TREATMENT LAST?

There is no guarantee Diathermy will be effective in every case or a permanent solution.

New "spider" veins may form requiring subsequent treatment. Periodic re-evaluations are encouraged so that any new veins that develop can be injected before they become too large or too numerous.

HOW MANY TREATMENTS ARE NEEDED?

The number of treatments needed varies from patient to patient depending on the type, size and quantity of veins. Some veins and areas will need to be retreated.

Most clients see a 60-80% improvement in the cosmetic appearance of the vein somewhere between four and six treatments.

DOES IT HURT?

This is not a painful procedure. The veins are cauterized with a tiny needle and very superficially. Some people feel nothing; some feel little pricks, how uncomfortable varies from one person to another.

ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

No laser treatment or skin peels 2 weeks before or after treatment.

WHAT ARE THE RISKS WITH DIATHERMY?

Hyperpigmentation, redness, swelling, blistering, bleeding, allergic reaction.

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POST CARE INSTRUCTIONS

Avoid; Sun exposure, sun beds, excess alcohol, extreme temperatures (saunas) during the healing period (14 days).

Do not rub area with flannels or towels.

No exfoliation, scrubs or peels 2 weeks after treatment.

Apply **VAGHEGGI REHYDRA** protective & comforting healing cream twice daily.

Avoid sun exposure to reduce the chance of hyperpigmentation or darker pigmentation. We strongly recommend **VAGHEGGI sunscreen SPF30** at all times throughout the course of treatment

Do not pick or remove scabs (if any)
If scabs are removed, pitting or scarring may occur

Do not cleanse for 24 hours.

Keep area dry to promote scab formation.

MEDICATIONS - do not use Aspirin (unless you are on prescribed anti-coagulant therapy) or Ibuprofen products for ten days after each treatment to reduce bruising or increased bleeding.

We recommend the following VAGHEGGI products to compliment your skin and treatment:

www.vagheggi.com

VAGHEGGI
COSMECEUTICALS

VAGHEGGI exclusive Italian skin care products contain pharmaceutical grade ingredients, i.e. Phytocosmeceuticals to help deliver the best results using natural ingredients since 1975.

They are more concentrated, active & penetrate deeper than regular cosmetic products.

VAGHEGGI REHYDRA MOISTURISER

protective & comforting day cream 50ml (RRP £49)
moisturising & nourishing night cream 50ml (RRP £49)

Specially formulated moisturisers with Hyaluronic acid for post treatment skin that needs extra care.



VAGHEGGI SPF30 FACE SUNSCREEN

An anti-ageing sun cream to protect from UVA & UVB rays 50ml. (RRP £29.00)



The VAGHEGGI exclusive POST DIATHERMY 24HR skin care PACKAGE can be purchased for £89 (RRP127)