

The creators of the original Glycolic Acid, Exuviance non-chemical peels are considered one of the most effective techniques to solve certain aesthetic problems and to achieve a healthy and radiant skin



### What is the Exuviance non-chemical peel?

The Exuviance peels are a 25% blend of AHAs and PHAs including Glycolic Acid, that exfoliates dead, dull surface layers, and enhances exfoliation, to reveal radiant skin.

### How does the process work?

The Exuviance non-chemical solution is applied to the skin's surface for 2-4mins so that the skin can absorb it. After this time another non-chemical solution is applied to neutralize the traces of the peel and stop the treatment process.

Over the next 1-14 days, depending on how deeply the peel has penetrated your skin, the skin starts peeling off. This procedure destroys parts of the skin cell connections in a controlled way so that renewed skin can grow in its place.

### What happens to my skin during the healing time?

The skin may be red, dry, sensitive, itchy, blotchy even blister.

After any initial redness has disappeared, scaling may develop and may take 2-3 weeks to shed. This is a normal reaction.

### Why are skin peels the secret to beautiful skin?

- They remove surface build-up of dead skin cells
- Regular peels encourage healthy skin cell turnover
- They reduce pigmentation, scarring, sun-damage
- Peels encourage collagen production, reducing fine lines & wrinkles
- They help reduce acne breakouts and acne scars

**Exuviance**<sup>®</sup>  
Reveal The Beauty Of Great Skin<sup>™</sup>

### How long does the peel procedure take?

Superficial peel procedures do not take more than 30 minutes, this is why they are called 'lunchtime peels'.

### Does it hurt?

Some clients report minor or no discomfort during treatment.

### How often can I repeat a peel session?

Usually superficial peels can be repeated every 2-5 weeks.

To achieve desired results in conjunction with appropriate skincare products, we recommend a course of 3-5 peels.

### What are the possible side-effects?

Cosmetic medicine is not an exact science and is not without complication or unwanted side-effects, however we take every precaution to minimise/limit any complications.

Reported side effects include but are not limited to the following: Redness, extreme dryness, blotches, discomfort, burning, bruising, swelling, pigmentation, scarring, infection, blistering, temporary/permanent skin changes.



## EXUVIANCE NON-CHEMICAL SKIN PEEL

### EXUVIANCE NON-CHEMICAL PEEL ESSENTIAL INFORMATION PRE-TREATMENT

Arrive 5 minutes early for your appointment - late arrival may result in a cancelled/reduced session.

If you wish to rebook or change clinic, you will be charged a rebooking fee of GBP£50.00.

One week prior (and two weeks after), avoid extensive sun exposure. Apply sunscreen (at least SPF30) as part of your daily skin care regimen before routine exposure to daylight.

One week prior (and two weeks after), avoid facials, electrolysis, waxing, tweezing, depilatory creams, and laser hair removal.

Please avoid shaving on the day of treatment.

If possible, please arrive with a fully cleaned face (no makeup, cologne or aftershave).

We will not be able to treat patients with active cold sores or warts, wounds, sunburn, excessively sensitive skin, dermatitis or inflammatory rosacea in the area because the procedure could potentially precipitate a flare up or spreading.

If you have a history of cold sores, antiviral medication may be used prior to treatment and continued for 1 week after.

Patients with a history of allergies, rashes, or other skin reactions may be sensitive to treatment.

This peel is not recommended if you have taken Accutane within the past year, or received chemotherapy or radiation therapy.

This procedure should not be administered to pregnant or breastfeeding (lactating) women.

Please advise us of medical condition/medication(s) that you are taking before every treatment. Certain drugs may counter-indicate treatment and increase the risk of unwanted side-effects.

Discontinue hair removal cream or fake tan 2 weeks prior to treatment.

### EXUVIANCE NON-CHEMICAL PEEL ESSENTIAL INFORMATION POST-TREATMENT

Please contact us if you have any concerns following your treatment.

After treatment, any dark spots/pigmentation in the skin appear darker the closer they are to the surface. With non-chemical peels, you are essentially raising this pigment to the surface and exfoliating it out of the skin. Depending on how deep the spot is, it may take a series of treatments to see the full results but with each peel, you should notice a brighter, more even skin tone.

Avoid sun exposure to reduce the chance of hyperpigmentation or darker pigmentation. We strongly recommend sunscreen spf30 at all times throughout the course of treatment.

Avoid picking/scratching or peeling the treated skin.

Avoid hot baths and heat treatments for the first few days after treatment.

Avoid facials, electrolysis, waxing, tweezing, depilatory creams, and laser hair removal for 2 weeks after treatment.

Avoid washing your face for the first day after treatment.

For the first week avoid harsh cleansers, scrubs, Clarisonic or any other scrubbing brushes), washcloths, Retin-A, AHAs, or Benzoyl Peroxide.

Commitment to the correct skincare in conjunction with skin peels is the key to healthy skin. Your skin is an investment that requires time and money. It's something you have to consistently work for.

Do be patient as skin peel treatment results can vary and can take a number of sessions before you see results.