

The Information provided is for reference only; please consult with your BOTOX **practitioner** if you require medical **advice** regarding treatment.

WHAT ARE DERMAL FILLERS?

Dermal fillers are non-surgical cosmetic treatments used to bring a more youthful appearance by restoring volume or eliminating lines, wrinkles and folds to the face, lips, hands and décolleté.

The most commonly used material in dermal fillers is hyaluronic acid. This is a natural, non-animal based, stabilised clear gel which hydrates and volumises the tissue.

HOW DO THEY WORK?

Dermal fillers do just what their name suggests -- they fill in the area under the skin. They work to improve the appearance of aging skin in the following ways:

- filling in wrinkles, fine lines and deep creases
- improving other imperfections like scars
- filling out thin or wrinkled lips
- plumping up cheeks
- contouring the jaw line and areas of the face



WHAT HAPPENS DURING TREATMENT?

Initial consultation with our cosmetic nurse/doctor is required to assess your suitability for dermal fillers. A topical anaesthetic cream will be applied to the area for 10 minutes prior to treatment to minimise any discomfort. Your practitioner will then inject the dermal filler into the treatment area.

HOW LONG DOES TREATMENT TAKE?

The entire procedure takes approximately 30 minutes with immediate results. Most clients are in and out of the clinic without any downtime following treatment.

The treatment can take up to 2 weeks to reach optimal results. With lip enhancement, it is wise to choose your treatment time with care since your lips may be swollen and appear slightly uneven for a few days. The results directly after the treatment should therefore not be seen as the final results.

HOW LONG DOES THE TREATMENT LAST?

Brand leader Juvéderm® dermal filler injections are a temporary procedure and can last anywhere between 3-18 months depending on the area treated and the density of the product used.

Juvéderm® 2 - For fine lines, peri-oral & glabella, subtle lip borders

Juvéderm® 3 - For medium lines, female laughter lines, lips, marionette lines

Juvéderm® 4 - For deeper lines, male laughter lines, lips, deeper marionette lines

Juvéderm® Smile - For lips

Juvéderm® Voluma – Cheeks, chin, jawline, long-lasting up to 18months

ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

For one week before treatment, please avoid the following medications and supplements: Aspirin, Advil, Motrin, Ibuprofen, Aleve, Naproxen, Excedrin (all OTC pain pills except Tylenol), Vitamin E, Vitamin A (Tretinoin, Retin-A, Renova, Differin, Tazorac, Triluma), Gingko Biloba, Omega-3 fatty acids, cod liver oil, CoQ10, garlic and ginger.

Do not drink alcohol 24-48 hours before treatment. Avoid sun exposure to the area to be treated one week before treatment.



WHAT ARE THE POSSIBLE SIDE EFFECTS?

Pain, redness, infection, Itching, discolouration (rare), granulomas, hypersensitivity, skin nodules and abscess formation and cysts (very rare).

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AFTERCARE INSTRUCTIONS

Apply an ice pack to the area (if needed), this will reduce any initial swelling.

Avoid touching the area for at least 6 hours.

Do not expose the area to intense heat (sauna/solarium) or extreme cold until the initial swelling has gone.

Drink plenty of water.

If you have previously suffered from facial cold sores, there is a risk that the injections could contribute to a further eruption of cold sores.

If you are taking aspirin or similar medication, please be aware that this may increase the bruising or swelling at the injection site.

Take paracetamol if required for pain relief.

Do not have a facial, nor rub or massage the treated areas for 24 hours after your treatment.

Do not lie down or do strenuous exercise for 3 hours after treatment.

Please be aware that some clients may experience mild pain after their treatment, if this happens take Paracetamol as needed.

Do not take Aspirin, Ibuprofen, Nurofen or other anti-inflammatories as this may increase bruising.

Any tiny bumps or marks will go away within a few hours after your treatment.

There is a small risk of bruising. If this does occur, it will only be temporary and can easily be covered with makeup.

We recommend the following VAGHEGGI products to compliment your skin and treatment:

www.vagheggi.com

VAGHEGGI
COSMECEUTICALS

VAGHEGGI exclusive Italian skin care products contain pharmaceutical grade ingredients, i.e. Phytocosmeceuticals to help deliver the best results using natural ingredients since 1975.

They are more concentrated, active & penetrate deeper than regular cosmetic products.

VAGHEGGI REHYDRA MOISTURISER

protective & comforting day cream 50ml (RRP £49)
moisturising & nourishing night cream 50ml (RRP £49)

Specially formulated moisturisers with Hyaluronic acid for post treatment skin that needs extra care.



VAGHEGGI SPF30 FACE SUNSCREEN

An anti-ageing sun cream to protect from UVA & UVB rays 50ml. (RRP £29.00)



The VAGHEGGI POST DERMAL FILLER 24HR skin care PACKAGE can be purchased for £89 (RRP127)