

The Information provided is for reference only; please consult with your **practitioner** if you require medical **advice** regarding treatment.

PROCEDURE INFORMATION MINOR SKIN SURGERY MOLES, WARTS & SKIN TAG REMOVAL

Moles, cysts and skin tags are extremely common on the face and other parts of the body. Most of the time they are harmless **but any changing skin lesion must be assessed properly by a doctor prior to removal at VGmedispa clinics.**

Most moles appear in early childhood and during the first 20 years of a person's life. Some may not appear until later in life. It is normal to have between 10-40 moles by adulthood.

As the years pass, moles usually change slowly. They can become raised or change colour. Often, hairs develop on the mole. Some moles may not change at all, while others may slowly disappear over time.

We generally only remove unsightly / embarrassing moles on face & body or those that catch when shaving or on clothes for cosmetic purposes only.

It is important that you make a habit of regularly checking your own skin for any changes. This is especially important if you are at a [high risk of getting melanoma](#) or have had treatment for a previous melanoma. If you find any changes on your skin that happen over a few weeks or months, you should get your GP to look at them. If you spot anything suspicious, see a doctor.

HOW DO YOU REMOVE MOLES/SKIN TAGS/WARTS?

Diathermy or scalpel sculpting is used to remove moles, warts, skin tags and other skin lesions.

Scalpel Sculpting is a simple way to remove moles (often called "beauty marks," or "birth marks.") without the need for cutting deeply into the skin or placing any stitches. This technique is used in over 95% of our procedures.

Diathermy involves the passage of radio waves into the skin to perform the removal or reshaping of a lesion. Different types of needles are used depending on the type of lesion.

Sometimes, we also use an elliptical excision and sutures for moles that are suspicious or where the cosmetic result is likely to be better. It is a deep excision that removes the mole completely. The cost of this starts from £800.00.

WHAT HAPPENS DURING TREATMENT?

Initial consultation with our practitioner is required to assess your suitability for treatment based on your medical history and assessment of the lesion.

The treatment area is cleansed and a local or topical anesthetic is applied to ensure the procedure is painless.

Once the surrounding tissue is numb your practitioner will then proceed to remove the lesion(s).

Scalpel excision - A scalpel is used to shave the mole off flush or slightly below the level of skin. Then an electrical instrument will cauterize or burn the area to stop any **bleeding**.

Diathermy - A fine tip needle will deliver radio energy into the lesion to destroy skin lesions, warts, and infected tissues, and to cauterize blood vessels to prevent excessive bleeding.

The wound is then covered with a small plaster (usually no bigger than the lesion itself).

Your practitioner will then run through instructions on how to take care of your wound and when to remove the plaster. You are usually able to leave the clinic shortly after.

What happens to the mole after it has been removed?

Some moles/skin tags are sent for histology analysis after the removal. Although most skin lesions can look normal to the naked eye, occasionally early abnormal cells can be lower in the skin, which could cause skin cancer - hence the need to send for analysis. The cost of this is from £200 with results in less than 72 hours.

HOW LONG DOES TREATMENT TAKE?

The entire procedure takes approximately 15-60 minutes depending on the number of lesions being removed.

HOW LONG DOES THE TREATMENT LAST?

There is no guarantee that the removal of any lesion will be effective in every case or a permanent solution.

ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

We only remove skin lesions with verbal/written consent from your G.P./dermatologist that must be obtained prior to your consultation with VGmedispa.



WHAT ARE THE RISKS/SIDE EFFECTS?

Though safe, any medical procedure is not entirely without risk. The risks of removing moles vary from infection, pigmentation, discoloration, **anesthetic allergy** or nerve damage.

One of the most common issues after mole removal is the scar/indentation. A lot of people choose to remove moles for cosmetic reasons, not realising they may be left with a small scar.

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POST TREATMENT AFTERCARE

We don't normally need to see you again after the procedure as the wound heals within a few weeks.

We do advise the following after treatment;

Allow yourself some time to rest & recover.

Avoid touching the area for at least 72 hours, you may gently wash the area with water.

Do not expose the area to intense heat (sauna) or extreme cold until the initial swelling has gone.

If you are taking aspirin or other similar medication, please be aware that this may increase the bruising/swelling/bleeding at injection point.

Take paracetamol if required for pain relief.

A scab will form over the treated area. The scab should be kept intact until it falls off by itself.

Full healing can take several months.

We recommend the following VAGHEGGI products to compliment your skin and treatment:

www.vagheggi.com

VAGHEGGI
COSMECEUTICALS

VAGHEGGI exclusive Italian skin care products contain pharmaceutical grade ingredients, i.e. Phytocosmeceuticals to help deliver the best results using natural ingredients since 1975.

They are more concentrated, active & penetrate deeper than regular cosmetic products.

VAGHEGGI EMOZIONI

protective & comforting 24hr moisturiser 50ml

Designed for post treatment delicate sensitive skin in need of extra care & nourishment with gentle ingredients to soothe, help boost natural defences & prevent flare-ups and irritation. (RRP £114.00)



VAGHEGGI SPF30 FACE SUNSCREEN

An anti-ageing sun cream to protect from UVA & UVB rays 50ml. (RRP £29.00)



The VAGHEGGI POST MOLE TREATMENT skin care PACKAGE can be purchased for £69 (RRP £143.00)