

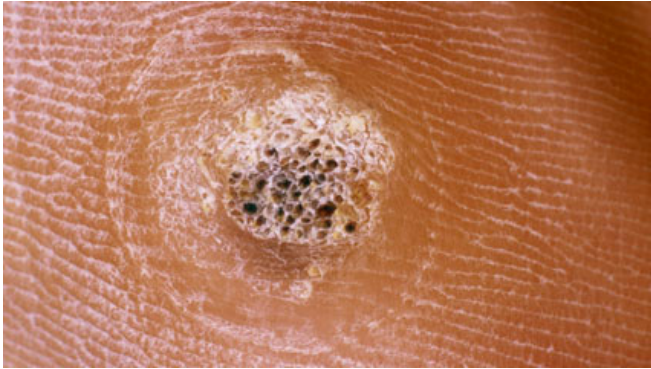
The Information provided is for reference only; please consult with your **practitioner** if you require medical **advice** regarding treatment.

## PROCEDURE INFORMATION ELECTROTHERAPY VERRUCA TREATMENT

### WHAT ARE VERRUCCAS?

Verruca's, sometimes called plantar warts are warts that develop on plantar surfaces -- that is, the soles (or bottom) of the feet. The pressure from normal standing and walking tends to force the warts into the skin, and this can make the warts painful.

Like all warts, they are harmless and may go away even without treatment, but in many cases they are too painful to ignore.



### HOW DOES ELECTROTHERAPY WORK?

There are many treatments available for warts, from cryotherapy (freezing), acids, caustics, electrotherapy, homeopathy and more.

Electrotherapy is proving to be the most reliable treatment for the removal of warts involves the delivery of an electrical frequency via a tiny needle to the infected area without damaging the skin surrounding it.

The frequency accurately targets the blood vessels that have been infected by the plantar wart virus. It heats up the infected area, seals the blood supply to the verruca and starves it.

The verruca dries up and eventually falls off. This type of verrucas removal is highly successful for treating even the most stubborn warts and verrucas.

### WHAT HAPPENS DURING TREATMENT?

Initial consultation with our laser therapist is required to assess your suitability for electrotherapy based on your medical history and assessment of the verruca(s). In electrotherapy, the verruca may be anaesthetised in some cases and may require a dressing and post-procedure care to prevent any infection.

### HOW LONG DOES TREATMENT TAKE?

The entire procedure takes approximately 15-30 minutes depending on the number of verruca being treated.

### HOW LONG DOES THE TREATMENT LAST?

There is no guarantee Electrotherapy will be effective in every case or a permanent solution.

The number of treatments needed varies from patient to patient depending on the type, size and quantity of warts. Some verruca may need to be retreated at 2-4 week intervals.

### DOES IT HURT?

This is not a painful procedure. Some people feel nothing; some feel little pricks, how uncomfortable varies from one person to another.

### ARE THERE ANY SPECIAL PRE-TREATMENT INSTRUCTIONS?

Bring a clean pair of socks/shoes with you to change into after your treatment.

### WHAT ARE THE RISKS WITH ELECTROTHERAPY?

Redness, swelling, blistering, bleeding, scarring.

### POST CARE INSTRUCTIONS

Dressing to remain for 24-48hrs post procedure.  
Keep area dry for 3 days

Taking the following precautions can help prevent warts and verrucas.

Try not to touch other people's warts or verrucas.  
Don't share your towels, shoes or socks with someone who has a wart or verruca.  
Wear flip-flops in communal showers.  
Cover your wart or verruca with a plaster or glove.  
Don't scratch or pick your wart or verruca, as it's more likely to spread.

There is no reason why you can't continue to take part in activities, such as sports or swimming, if you have a wart or verruca. It's a good idea to cover your wart with a plaster or, if you go barefoot in communal areas, you may want to wear a verruca sock.